

5M9 Service Journal
District Governor Jamie Huttunen

LIONS, LUNDS and LOADS of Fun

INSIDE THIS ISSUE	
DG Jamie	2
1VDG Scott	3
2VDG Richard	4
Letters of Intent	5-6
Club Activities/ Events	7-12,14,15
Zone Page	13
Poster contest	16
Scholarship	17
Hearing Foundation	18
Kamp KACE	19
Can do Canines	20
Diabetics	21
5M9 Mid-Winter	22-25
DG visit form	26
DG Travels Contact Info	27

5M-9 Mid-Winter Convention, Cragun’s Resort Brainerd, January 7-9, 2022

DG Jamie Huttunen and the New York Mills Lions Club would like to invite you to the 5m9 Mid-Winter convention. There is still time to register for the convention at regular prices! Don’t put off your registration, do it now and ensure your place at Cragun’s for a fun filled convention.

The convention is the time for our Lions to conduct the annual business meeting and elections for the upcoming officers. This is your opportunity to visit with them and get to know the Lions that will be leading our district next year under the leadership of MD5M’s own Vice President Lion Brian Sheehan.



International Director Justin K. Faber from Deckerville, Michigan is excited to join us for our convention and speak on behalf of LCI. He is a small business owner and enjoys history and collecting historical artifacts.

After the banquet Saturday evening, the New York Mills club have planned a great time with Jay Brian Comedy Hypnotist. Come and join the fun and fellowship.

There will be great raffle prizes including a Lund boat, motor and trailer. It could be your lucky day. The seminars will be educational and entertaining including the seminar presented by pro fisherman Al Linder. Plus there will be boat races Friday night. Put together a team and have some fun.

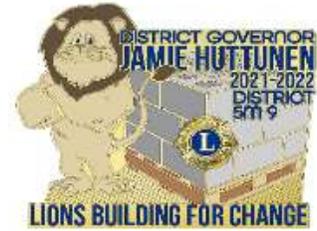
You can sign up on-line at https://craguns.formstack.com/forms/lions_5m_9_jan2022. It is a one-time registration that includes both your hospitality book and your room. Any questions that you have can be directed to:

Bert Nelson at bertpamnelson@gmail.com .





District Governor
Jamie Huttunen
Lions Building for Change



Hello Lions of 5m9

Happy holidays Season and Mid-winter is coming soon, hopefully you get registered for the convention. Our District is getting ready for the 5m9 Mid-Winter Convention at Craguns Resorts. Please get your registration for the convention from this link. https://craguns.formstack.com/forms/lions_5m_9_jan2022 it's going to be a fun and great convention with one our Guest Speakers at the Saturday lunch speaker is from Minnesota Lions Diabetes Trustee, Bobby Paulson and his daughter speaking about their experience on Diabetes. We are having the great fisherman Al Linder speaking at one of our seminars. Our main speaker is International Director Justin Faber from the great state of Michigan. He is a great speaker. I heard him a few times and he is a wonderful speaker. So sign up at our mid-winter convention and don't miss out on all the fun.

LCI has waiver **Charter and entrance fees waiver** – We have waived all charter and entrance fees from January 1 through June 30, 2022. Charter and entrance fees are also currently waived through December 31, 2021. Just Ask your friend and your community for new members.

We know that every member matters, to our clubs, to our communities and to the lives we touch as Lions. For more than a century, Lions have taken on the greatest challenges facing humanity, and together, we will overcome this.

Thank you for sharing the joy of being a Lion, and for your outstanding service and commitment to our communities and the world.

Let's welcome our new members to 5m9 each month. I am going to list our new members and welcome them to Lions.

EBBIE PATRICK, CROSSLAKE,

GARY PATRICK, CROSSLAKE,

STEVE J. SPENCER, CROSSLAKE,

JACLYN A. WIPPER, CROSSLAKE

KENNETH L WIDMER MALMO AREA

DAVID F GILSTER NEW YORK MILLS

PERHAM AREA COMMUNITY, MAREN BASSENTROS, ALLISON BICKELL, BUTCH BURNS, SARAH CROOK TRAVIS KRATZKE, MISSY LUBITZ, RAY MASTERS, MARY J. MASTERS, HEATHER MCKAY, RENDI MEYER, JULIE SCHROER, LANCE SCHULTZ, PAT SJOLIE, BRANDI WALTON,SANDY WILLS, LEXY ZIEMANN AND TAYLOR ZIEMANN

CAROL M EDINGER KERT VERNDALE

District Governor Jamie Huttunen

Lions Building for Change

Service From the Heart



Scott Rolfe

1st Vice District Governor



As we “Come Together” this Holiday season we look back at all the good we have done in our communities and around the world. As we continue to serve, it is important to reflect on how it makes us feel to be part of such a Loving and Caring organization as the Lions. As I travel around the District and the State, I see it all over, just imagine what our impact is around the world. This is why it is so important that we report our service for everything we do as it helps our clubs, District and Multiple with helping so many in need.

This is the time of year to celebrate our service as we “Come Together” with our clubs for holiday parties. Please join your clubs in their time of celebration and celebrate all the good we have done. Take this time to join other Lions to help them celebrate their service. We can do so much more when we “Come Together.” I will be attending as many as I can so make sure you post your events of social media so we can find it and help Celebrate!

This January we will “Come Together” at our Districts Mid-Winter Convention to celebrate our achievements and to be with other Lions who make a difference in so many lives! Please make every effort to make it available to your club members to be able to join us in January for a celebration of service they won’t soon forget. See you all in January!!



**SCOTT
ROLFE**

1st Vice District Governor, 5M9

CONTACT

PHONE:
218-232-7241

EMAIL:
Bigskipper61@yahoo.com

“COME TOGETHER”

Go on An Adventure

Visit another Club, Go to a Zone Meeting

Do an Activity Together

Sponsor a District Meeting or Training

Have a Membership Drive

Sponsor a New Member

Keep Everyone Involved

Be a Leader.



November has been busy with meetings focusing on membership and retention of members. GAT meetings and Thirsty Thursday meetings have been the focus. These are all zoom meetings where we exchange ideas that have worked and those that have not worked. Some really good ideas have come from these discussions. The most obvious is to JUST ASK. Without asking, nothing will happen. You never know when the opportunity will surface to give a recruitment talk.

We all must have an elevator talk in the back of our mind that we can recall at any time. It would also be very nice if we had access to a couple of pieces of Lion literature and Application forms. Maybe, your automobile would be a good place to keep a few. Declining membership is a problem for Lions worldwide. Maybe Covid, who knows? Our District 5M9 is one of the few that has a positive growth for the year to date. Thanks to a couple of new Clubs and the good job you are all doing. I would ask that each Club in the District strive to end the Lion year on June 30, with a net growth of 2 Members. This should be a very easy goal to accomplish.

Good Hunting. 2nd VDG Rick Hanson



DISTRICT HISTORIAN PDG JUDY BRASGALLA

One of the most important centers from which Lionism radiated in the early days was the territory known first as the “Northwest District”, then as the “Second District”. In the beginning, it took in Minnesota, North and South Dakota, and eastern Wisconsin. Later all Wisconsin attached to the Illinois district and Manitoba, Saskatchewan and Alberta were added to the Minnesota jurisdiction as Lions clubs were organized in Winnipeg and Swift Current.

The eventual formation of Lions clubs in the Twin Cities began early in 1916. Gus E. Messing from St. Paul attended the Chicago meeting. He later became the first secretary of his club.

Letters of Intent

District Governor Jamie Huttunen

This serves as my Letter of Intent to run for the office of District Governor for District 5M9.

District Governor Jamie Huttunen and District 5M9

This Letter serves as my Intent to run for District Governor of District 5M9.

My qualifications are as follows: I have been a member in good standing of Lions Clubs International since July of 2013. I am currently a member in good standing with the Baxter Lions Club.

I have served as Club 1st Vice President and President for 2 years. Also I have served the district as Zone Chair for 2 years and GMT Coordinator and 2nd Vice District Governor and presently serving as your 1st Vice District Governor.

I graduated MD5M Regional Lions Leadership Institute in 2015 and have participated in many training seminars to better serve as a Lion in Leadership.

I have attended several Mid-Winter conventions and a Multiple Convention, and a USA / Canada Forum and I will be attending this year's International Convention.

I have been honored to be a part of the Leadership of this great District and look forward to many more years serving and I am committed to being a great leader for this district.

Respectfully Submitted,

Lion Scott Rolfe 1st Vice District Governor

Letter of Intent

DG Jamie Huttunen and District 5M9

This letter serves as my intent to run for 1st Vice District Governor of District 5M9.

I have been a member of the Vergas Lions Club for nearly seven years serving as Club President in 2017-2018. I received the First Annual Bruce Beck Club President of the Year Award in 2018 and I'm a recipient of a Helen Keller Award. I served as Zone 7 Co-chair for two years, along with my wife Diane, in 2017 and 2018. Currently, I serve as a member of the District 5M9 New Club Development Team. I served as treasurer for 5M9 District Convention 2018, completed the MD5M Regional Lions Leadership Institute in 2019 and attended the MD5M Convention in Winnipeg, Canada.

I look forward to being a part of the District 5M9 Leadership Team.

Richard Hanson

Letters of Intent

November 2, 2021

Jamie Huttunen
District Governor
5M9
Lions Club International

Dear District Governor Jamie –

It would be an honor to be considered as a candidate on the ballot in January 2022, for the position of 2nd Vice District Governor for District 5M9.

I have been blessed to have taken on many roles within our club and district, along with the self- investment of attending training session with the Lions organization:

- 5M9 Zone Chair 2021-2022
- Nisswa Club President 2019-2020
- 5M9 District Secretary 2018-2019
- Nisswa Club Board Member 9 Years
- Nisswa Club Project Committee Chair
- RLLI Training 2021
- Lions University Bachelor Program
- 5M9 District Leadership Training
- USA/Canada Forum 2021

Awards that I have received within the Loins organization:

- Melvin Jones
- Dream Catcher
- Helen Keller

My husband and I realize the level of commitment and dedication that this position will entail and would fulfill these expectations to the best of our ability. We are proud to be members of Lions International and would embrace this role and responsibilities with passion and convictions of service.

Sincerely,
Denise M. Laudenschach

Left to right. **Bluffton Lions** Lion Henry Soenneker 10 years Lion Member, Lion Ron Wegscheid, 20 years, Lions Rocky Geiser, 20 years, Margaret Van Erp 25 years and Don Hendrickx 35 Years. Dist. 5M9 Governor Jamie Huttunen and 1st. Lady Yvonne Huttunen



CONGRATULATIONS



Aitkin Lions had the pleasure of presenting a check for \$500 to Pam Johnson and Mary Vinje from “Better Together”. If you haven’t heard of Better Together you should really check out their Facebook page, it’s a great after school program doing wonderful things. Pictured are Lion Holly Mindrum and two of her “Lion Cubs”, Charlie and Vera.



Proud Lions

"Pillager Lion Anne Ness is presented with a Melvin Jones Award by President John Driscoll at their 11/11/21 meeting"



Congratulations



The Nevis Lions Club presented Marv Vredenburg with the Melvin Jones Fellowship Awards for his dedication and commitment to our club and community.

Marv is a charter member and has continued to serve in the Nevis Lions Club for 19 years.

Second attachment label: "Pillager Lions recently screened the vision of 1st, 3rd and 5th-graders at Pillager Elementary School. PDG Sandy Remington (Kidsight) assisted, as well as a Nisswa Lion volunteer (not pictured), and a potential future Lion member (not pictured).



Service with a Heart

Tuesday, October 29, Battle Lake Lions Connie Krusemark, (club and area screening coordinator), Chris Feggert and Gail Hustad did KidSight screening at Hillcrest Lutheran Academy and Morning Sun Christian Schools in Fergus Falls. On the same day, Angie Hauge, Riverside Lions (Fergus Falls) and Norma Worden (Underwood Lions) helped screen students of Our Lady of Victory Catholic School in Fergus Falls. A total of 234 students were screened.

Wednesday, October 28, Underwood Lions Norma Worden and Burt Kinzler, along with Battle Lake Lions Connie Krusemark and El. J. Arntson, and El. J.'s daughter Ria (a nursing student) screened 280 students at Underwood Public School.

Wednesday, November 3, Joe Juettner, District 5M9 KidSight Director, Connie and Gail screened 196 K-6 students at Battle Lake Public School.

There were several referrals for follow-up exams which were given to the school nurses to reach out to families regarding additional vision exams.

Lions KidSight USA is a nationwide vision screening program run by Lions with the support of Lions Clubs International Foundation. The eye screening can detect common conditions such as nearsightedness, farsightedness, and amblyopia. Which is sometimes called "lazy eye", as well as rare and dangerous conditions like retinoblastoma.



The Battle Lake Lions are also purchasing a Lensometer, a machine that can read the prescription of older, discarded glasses. These glasses are then bagged, and tagged with the identifying prescription before they are distributed to poor



Connie Krusemark and Gail Hustad are ready to screen children.



The Battle Lake Lions Club was the recipient of the District Governor's Award for Zone 9 of District 5M9 for the past fiscal year. The award is based on the timely monthly report sent to the District Secretary on club projects, hours spent on the projects and other club activities. Mike Adkins was the club secretary this past year, and holds the plaque.



NEW PROJECT NEW HOPE REPS. for
west side of 5M-9"

PROJECT NEW HOPE



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5M9 Chairs ~ Project New Hope

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Sean - 763.458.9429

Melissa - 763.458.3168

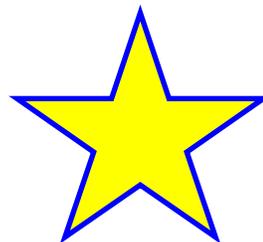
seanabernathy@gmail.com

melissa.s.abernathy@gmail.com

www.projectnewhope.net



Riverside Fergus Falls Lions are selling 18x24 yard signs for \$15. These signs say 'A Lion Lives Here' with the International Logo and has a fading yellow background. These are year-round signs made of corrugated plastic and come with a metal sign post. Please contact Lion Pamela Schroden at (218) 731-2954. Text orders work best.



Lions



**Goodies and Treats for the
Holidays!
ORDER NOW**



Don't miss our KOEZE Holiday fundraiser from November 1, 2021 through December 31, 2021 to support your Pequot Lakes Breezy Point Lions Club!

Here is your opportunity to order some incredible treats for family and friends you have not been able to see in person. Send warm hugs with great treats 😊 Skip those ordinary chocolates and get these incredible ones instead!

You have the option to order on-line at <https://koeze.com> or call toll free at 1-800-253-6887 to order. When you order on-line or by phone, you **must** include our **Promo Code of T1331686** for our club to receive credit.

See the screen shots below for the location of the promo code field on the top right side of the shopping cart. After you enter the code and select 'Apply Promo' you will get a message 'You used coupon code T1331686' to confirm the Lions will get credit for your order.

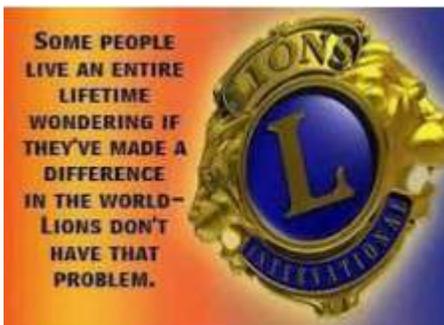


Lions Events



On October 22nd, the **Park Rapids Lions** sponsored a benefit for Lion Bob Seifert & family to help with expenses related to medical issues. Bob has not been able to walk since mid-July and, as a result, spent nearly 2 months at Mayo. Bob & Dottie's daughters, Lizzie & Whitney, are swimmers on the Park Rapids High School team. Fourteen members of the swim team provided invaluable help in making this event a success. To show our club's appreciation for this help, we donated \$250.00 to the PR Swim Boosters. Photo number 1 is club president Dick Kimball presenting the check to the swim team. Every young lady on that team is an honor student and they won the Section 8 Meet on November 13th and will send 8 swimmers to the State Meet.

The benefit was very successful and we were able to present Bob with a check for a nice total from the benefit. The attached photo, number 2, is, from left to right, Zelda Novak, Bob Seifert, Dick Kimball & Kim Donahue.



On October 5th the **Deerwood Lakes Lions**, President Kay Bendorf, presented a check to Teppi, Bundy the coordinator at CRES (Cuyuna Range Elementary School) In Crosby, MN. This check is to be used to buy food for the Back Pack Program. The Back Pack Program is used to help needy



Zone Info

Congratulations!

At the **Zone 1** meeting in Merrifield a Melvin Jones award was presented to Cory Jay, President of the Merrifield Lions.

Congratulations Cory on receiving the Melvin Jones. This is an honor well deserved for your on-going leadership for the Merrifield Lions.

Nisswa Lions member Gary Boche (nominated Cory)



5M9 Zone Chairs



Zone 1 Chair	Denise Laudenbach	Zone 6 Chair	Ron Genech
Zone 2 Chair	Diann Bates	Zone 7 Chair	VACANT
Zone 3 Chair	Sue Larson	Zone 8 Chair	Ginny Paulson
Zone 4 Chair	VACANT	Zone 9 Chair	Connie Krusemark
Zone 5 Chair	Vernon Greenwaldt	Zone Chair Advisor	PCC Bert Nelson



Malmo Area Lions served a Veteran's breakfast !

PID Bruce Beck Inducted a new Malmo Area Lion member Lion Kenneth 'Witt' Widmer and his sponsor Kim Sletten.



Lakers Lions participation with the local fire departments for the annual Trunk or Treat event.

Lakers Lions served hot dogs, chips, and hot chocolate, and provided games (not pictured) for the children at the event, located at the Emily City Fire Department.

Pictured Lions: Kathy Harvet served up hot chocolate, Heather Mitlyng and Lynn Schul served hot dogs and chips.

Please join us for our annual event:

PRAIRIE CHRISTMAS

SATURDAY, DECEMBER 4TH
8:00 AM - 2:00 PM

PRAIRIE EVENT CENTER

Crafters, Vendors, Entertainment and Much More Holiday Fun!

SANTA... 10:00 AM - 1:00 PM
 Bring your letters for Santa's mailbox

Hosted by:
Parkers Prairie Pride of Lions

LIONS INTERNATIONAL

\$1 Students / \$2 Adults
 4 & under free
 \$1 w/ Food Shelf Item
(please no expired food)

Interested in participating? Email: parkersprairieprideoflions@gmail.com (Lion: Ashley Iversen)



Aitkin Lions presented Aitkin Community Action scholarships with \$3,000 for program participants who can not afford the program

District 5M9 Youth Outreach Poster Contest 2021-2022

Your Youth Outreach chairpersons are asking that each club sponsor this contest in their school by awarding some prizes at the local level and to bring your winning poster to the Mid-Winter Convention.

Contest Rules:

1. Eligibility: Contest open to 6th, 7th, & 8th grade students in all schools in District 5M9.
2. Dates: Contest runs from now to January 2022.
3. *The clubs will have to set up a date to pick up the posters at the schools so that you may do your voting and pick the local winners and the overall winning poster that you will bring to the convention*
4. Size: 18"x24" poster quality material. We recommend Pacon Tagboard; Item #5220; available at office supply stores and online. (@\$30 per 100) All others sizes will be disqualified.
5. Medium: Any paint, crayon, marker, pencil, etc. **No embellishments.**
6. Suggested Subject: Drug/Alcohol abuse, Awareness, Violence, Volunteering, Citizenship, Peer Pressure, Healthy and Positive aspect of life growing up.
NO COPYRIGHT SUBJECTS! NO LICENSED IMAGES! (Cartoon characters).
7. Large lettering on the poster is encouraged, because it will show up better.
Keep the message simple. Posters should be similar to a highway billboard sign.
8. Have students put their name on the **back** of the poster, along with their school, grade, and sponsoring club. One student per poster; no partnering.
9. Judging: Each Lion and Lioness club is to submit their winning poster to the District Youth Outreach Chairperson on or before 10:30 a.m. on Saturday of the Mid-Winter Convention in January. Everyone attending the convention will have a chance to vote for his or her favorite.
10. District winners will be announced prior to the close of the convention.
11. Prizes to be awarded by 5M9 Youth Outreach: 1st place - \$100, 2nd place - \$75, 3rd place - \$50. All other participants will receive a \$25 gift card.
12. Poster images become the property of District 5M9 and may be used for display, etc.
13. Posters and prizes will be released to the sponsoring clubs at the end of the convention.

If you have any questions contact:

Lion Evie Ladd
48372 Great River Road
Palisade, MN 56469
218 845-2932
seladd@frontiernet.net

Lion Mike Kern
15545 Big Buck Drive
Menahga, MN 56464
218 849-4577
mjk20030@yahoo.com



LITPC YOUTH SCHOLARSHIP INFORMATION

The Lions International Trading Pin Club (LITPC) has announced for the 2021 - 2022 school year that there will be 3 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware, Georgia, Iowa, Louisiana, Minnesota (2), New York (2), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (4). The 2022 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2022.

To obtain the current LITPC Youth Scholarship information:

1. Go to the **LITPC website:** www.litpc.org
2. In the left column, click on **LITPC Scholarship Forms.**
3. Then click on **LITPC Scholarship Information.**
4. When that page comes up, click on **Scholarship Application Form.** Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a **certified** copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by **MARCH 1, 2022** to:

Lions Bill & Marcia Guthrie, Scholarship Chairman [763-786-8072](tel:763-786-8072)

bmguthrie9@q.com



Are you having problems with hearing loss? Tinnitus? Vertigo? And other conditions related to hearing and the ear?

The Audiology and Aural Rehabilitation Clinic at University of Minnesota Medical Center can evaluate a wide range of hearing impairments and maximize your communication potential.

With advanced expertise, our audiologists can prescribe and program the best possible hearing instrument for you, including hearing aids and cochlear implants.

At the Audiology and Aural Rehabilitation Clinic, we are proud to be a part of the Lions 5M International Hearing Center that is located within our clinic. (<https://www.5mhf.org/international-hearing-center.html>)

Conditions We Treat:

Ear and Hearing Conditions

Hearing Loss in Adults

[Pediatric Hearing Loss](#)

Tinnitus

Vertigo

Vestibular Balance Disorders

Go to <https://www.mhealthfairview.org/specialties/Audiology-And-Aural-Rehabilitation> to learn more and to request an appointment.





Kamp K.A.C.E



MN Lions Childhood
Cancer Foundation

December is a time for giving and these two projects are both 501-c3 organizations. Both are for kids going through cancer and Kamp KACE allows kids going through cancer, their siblings or friends to come to kamp at no charge.

Kamp KACE has been in existence since 1986 and has been a big part of the Lions of 5M9. Over the years, we have provided many activities such as the ice cream social, kamp pictures, fishing, a fish fry, as well as day trips and whatever else we can do to make the kids have a great week at kamp.

The MN Lions Childhood Cancer Foundation began in 2019 and started by raising \$100,000.00 and received matching funds from the U of M Masonic Children's hospital foundation and the Cancer research foundation, to help kids going through cancer. The MN Lions Childhood Cancer Foundation is working on two new things this year. First, we are supporting the University of Minnesota with a new app they are designing for kids who have gone through cancer and are now getting side effects from these treatments. This app will help the U of M design a data bank to help kids in the future and broaden the research. Secondly, we have started helping families within our multiple. When clubs help a family with a child who has cancer with funds, the MN Lions Childhood Cancer Foundation will match up to \$500.00 to help the family also. It is a win/win situation!

Please consider donating to both projects to help families with kids going through cancer. Checks need to be made out to **Kamp KACE** or **MN Lions Childhood Cancer Foundation** separately, as they are two different foundations.

Thank you all for your support to both of these great causes and a very blessed holiday season to you all!

Cora Hohnstadt & Linda Albrecht-Norby



Sunshine on four legs” is how Amy describes her new Mobility Assist Dog, Mosby, a 3-year-old black Lab. “Any space he’s in, he just fills it with light,” she said.

The light in Amy’s world wasn’t seeming very bright in early 2021. Her previous Can Do Canine, a black Lab named Dinger, developed cancer in 2020 and passed away, after they had been together for eight years. Amy was heartbroken. She and Dinger had navigated a lot together, including college. So Amy, who has cerebral palsy, knew she couldn’t return to a life without an assistance dog. “I didn’t want to go back to feeling overwhelmed. I didn’t want to go back to feeling scared of going to a conference, or trying to navigate a mall or standing in line,” she admitted.

Those concerns for Amy stem from balance issues, fatigue, sensory integration challenges, a risk of falling and more—all symptoms of her condition. Getting Dinger had calmed those fears. She stated, “I feel like it’s inaccurate to say that these dogs enhance your life. They turn it upside down in the best way possible and they make it possible for you to live your life the way you want to.”

Life with Mosby looks slightly different, though. Amy explains, “I tried very hard to avoid using adaptive equipment for a lot of years. I’m at the point now where it is no longer optional,” so she has begun using a walker. Previously, Dinger provided walking assistance with Amy using a hard handle, giving her a direct tactile connection to him. She was nervous about having to learn to walk with Mosby, and thought, “Will we figure out how to handle this big piece of rolling metal between us?”

Coming to Amy well versed in the activity, Mosby wasn’t fazed one bit. He quickly retrieves the walker when Amy doesn’t feel stable enough to get it herself, and then off they go. “Mosby has been helping me to integrate the equipment both physically and emotionally.” On the emotional level, Amy still finds herself getting frustrated when the walker gets stuck, for instance. “I think Mosby is very good at helping me think my way through those situations,” she said. “It’s more of a team effort than I was expecting, which is wonderful.” Plus, true to Mosby form, if Amy is ever upset, she can practically hear Mosby telling her, “No, I won’t allow it. I will lick you until it’s better. You will be happy. I will make it so.”

Whether it’s with happy kisses or by “turning himself into a compression blanket” to relieve Amy’s anxieties, Amy said Mosby “makes it possible for me to get through my day without feeling like I am totally overwhelmed.”

Taking one day at a time, the team is ready to trek toward new milestones, with Amy considering big opportunities like buying her own house, going to graduate school and transitioning to a new career. The independence that comes with having an assistance dog gives her the confidence to believe in these possibilities. She shares, “I feel like Can Do Canines has given me a way to manage my cerebral palsy with dignity.”

“Thank you is never going to be enough,” Amy stated, and when thinking about the many volunteers who helped move Mosby through puppyhood, she added, “I’ve had dogs my whole life, so I’m very, very aware of just how fast and hard those bonds can form. I’m just so unspeakably grateful to all the people who have touched Mosby and loved him and then made the conscious choice to give him up so that he can be with me . . . This dog isn’t my pet. He’s quite literally the life the way I want and choose to live it.”

Thank you to all those who made this partnership possible:

Great Start Home: Dyan Larson

Puppy Raiser: Stanley Correctional Institution

Special Thanks: The LaBathe Family, Sandy Herrala

You: Thank you for your donations!





Minnesota Lions Vision Foundation

LEARN • Work with a healthcare professional to organize an educational talk about diabetes, pre-diabetes, prevention and management at your club or district meeting. • Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease. • Visit/explore the website of your national diabetes association and other organizations to learn more about diabetes. • Share a low glycemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club members and their families about interpreting food labels. • Sign-up for MyLION and learn how Lions and Leos are getting involved in diabetes service. • Download an app that educates and encourages healthy lifestyle choices. Invite club members to participate in a healthy lifestyles related chal-

PROJECT IDEAS DIABETES

ACT // BEGINNER

- Donate a diabetes magazine subscription or diabetes-related books to your local library.
- Invite a role model with diabetes to a local school to talk about healthy lifestyle choices.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies. • Post monthly notices on your club or district website and social media accounts, sharing available community resources for people with or at risk of diabetes.
- Write about healthy lifestyle choices in your community or school newspaper.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.

ACT // INTERMEDIATE

- Partner with healthcare professionals to organize a screening for diabetes, diabetic retinopathy and diabetic foot.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Volunteer for a day at a diabetes camp. Visit www.diabetescamps.org to find a camp near you.
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes.
- Organize a weekly walking club at your place of work and share a healthy snack afterwards.
- Bring fresh fruits or vegetables to an elementary school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community center or school

Service of Remembrance

Each year at the 5M-9 Mid-Winter Convention the Lions of 5M-9 remember those members who have passed away. This years' Service of Remembrance will be held at Cragun's Resort on

Saturday January 8, 2022 at 5:00pm. Below is the current Necrology. If there are changes that need to be made please contact Lion Jim Johansen jkjohansen55@gmail.com with those changes.

Deceased Member	Club	Picture
Richard "Lee" Futhey	Aitkin	Yes
Marlene Molin	Baxter	Yes
Gordy Schulke	Baxter	Yes
Susan Reller	Crosslake Ideal	
Joyce Juracek	Cuyuna Range	Yes
Helmer Grewe	Deer Creek	Yes
Gary Benson	Dent	Yes
Marion Stoll	Dent	Yes
Daryl Trites	Dent	Yes
Brad Bachmann	Frazee	Yes
Don Carlson	Garrison Bay Lake	Yes
Gail Walters	Nevis	Yes
Michael Colgrove	Osage	Yes
Dick Bergquist	Parkers Prairie	Yes
John Edinger	Wadena	Yes
Bernie Pavek	Wadena	Yes
Andy Roberts	Wadena	Yes
Eldor Huwe	Wolf Lake	Yes

DISTRICT 5M9 PUBLIC RELATIONS CONTEST MID-WINTER 2022

Dear Lions Clubs of District 5M9,

Please consider having your club prepare an entry for our **Public Relations Contest** which will be held at the Mid-Winter Convention in January. Only 1 entry per Club please.

This contest is designed to focus on your public relationship with your community and how you promote your club. This contest is not about how much money was raised. Small and large clubs alike will have the same chance at placing well in this contest. It will not be expensive to participate in this contest and it will not take an exceptional amount of time. When your entry is complete it should be something that you can use as a promotional tool at other events with few (if any) adjustments.

The 2020 Public Relations Contest will be judged by our visiting International Director, It is very nice to have fresh eyes with no previous knowledge of the clubs participating or their projects evaluating the entries. As always, the judge's decisions are final. Each year we will have new judges from different parts of the country.

If you have any questions please contact me at 5m9newsletter@gmail.com

Lion Sue Stebbins - District 5M9 Communications Team/Newsletter Editor

DISTRICT 5M9 PUBLIC RELATIONS CONTEST GUIDELINES

Trifold board – 28” x 40”

Hi-lite an event your club has done in the past calendar year

- Fundraiser or Service Project
- Promotional Techniques
- # of people served and/or impacted
- Include photos w/descriptions (by-lines)
- Club Name (community)

Judge on a scale of 0 (lowest) to 10 (highest)

- Over all appearance (attractive & eye catching without being too busy)
- Clarity of information
- Photos Quality & Content (Do they tell a story)
- By-lines (are they Complete)
- Event Description and Purpose (fundraiser or service project)
- # of people served and/or impacted
- # volunteers and hours involved

Promotional techniques

Such as.....Include flyer (sample or photo) - Ads (copy or photo) - Billboard (photo) - Radio / TV (stations and frequency of promotional spot)

Visiting Dignitaries to judge these entries over the course of Friday and Saturday.

Winners receive traveling trophy for 1st and certificates for top 3.

This contest is not about how much money was raised but about how you serve your community and your visibility and public relationship with your community. All clubs, large and small, can compete and be judged fairly.

I look forward to seeing many entries at our Mid-Winter Convention!

Lion Sue Stebbins District 5M9 Communications Team / Newsletter Editor





You're Invited!

To the Lions District 5M9 Mid-Winter Convention

Hosted by the New York Mills Lions Club at Cragun's Resort on Gull Lake in Brainerd, MN

11000 Craguns Drive

Brainerd, MN 56401

January 7th-9th 2022 for all District 5M9 Lions and families

Hospitality Books are available for \$110.00

Rooms available for \$94.00 plus tax

Make sure to register online today! Just follow our link at:

https://craguns.formstack.com/forms/lions_5m_9_jan2022

We hope to see you there!

**LIONS 2022
MIDWINTER
PROGRAM
BOOKLET
ADVERTISING**

\$25 1/8TH PAGE

\$50 1/4 PAGE

\$100 1/2 PAGE

\$150 1 PAGE NOT COLOR

\$250 1 PAGE COLOR



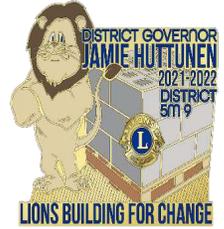
**Interested? Contact Latham at
lathamh@fmbanknym.com or
218-385-2300**



5M9 District Governor

Jamie Huttunen

Club Visit Form



Club Name: _____

Club Location: _____

Address: _____

Dates for Club Visits: 1st Choice _____

2nd Choice _____

What time does your club meeting begin? _____

What time does your social hour start? _____

Do you have a Board Meeting? Yes _____ No _____

Would you like the DG to attend the Board Meeting? Yes _____ No _____

Are there other Lions Clubs or Leo Clubs involved for the DG Visit? Yes _____ No _____

Please List other Clubs: _____

Will you have a meal? Yes _____ No _____

Lion, or Leo requesting the Governor's visit: _____

Contact telephone # _____ Email address _____

Will the Governor be expected to install officers? Yes _____ No _____

If yes, please send names of new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.

Will the Governor be expected to give out awards to club members? Yes _____ No _____

If yes, please send information stating the awards and the names of those receiving the awards. Please have awards, certificates, pins, or changes in installation or inductee ceremony available when I arrive for the Governor's visit. I am looking forward to coming to visit with your club!!

Please Mail To: District Governor Jamie Huttunen, 61431 403rd St. Wadena Mn. 56482

Email: lionjamie5m9@gmail.com Phone: 218-639-9306

How to submit an article

Please submit material for these sections. by the 15th of each month for the following months newsletter.

I would like to publish your most recent community service and your upcoming fundraisers, in which Lions from other clubs could, perhaps, participate.

Submit pictures, flyers or text. In photos please put names of who is in it. When possible, send photos in jpeg format and articles as a word document. Use of pdf is also acceptable.

Contact me for assistance or with questions
Submit to: 5m9newsletter@gmail.com
Sue Stebbins editor

DISTRICT GOVERNOR JAMIE'S CALENDAR

Dec 3 -5 Project new Hope camp
Dec 9 Zone 9 at Parker Prairie at the Event Center
Dec 11 Hewitt Lions
Dec 13 Osage Lions Club Visit
Dec 14 Garrison Bay Lake area Lions Club
Dec 15 Frazee, Wolf Lake and Erie township Four Corner at Frazee
Dec 21 Callaway Club visit

January 7-9 Mid-winter convention Craguns
January 12 New York Mills
January 13 Parker Prairie
January 18 Malmo
January 20 Verndale and Aldrich at Verndale
January 22 Charter night for Perham Area Community Lions club

5M9 members report as of 11/22/2021

	This month	This year
Opening Balance	2,048	2,023
Added Members	27	106
Dropped Members	4	58
Closing Balance	2,071	2,071
Net Gain/Loss	23	48

Worldwide Lions total: 1,401,941

USA/CANADA Forum

September 15-17, 2022 Calgary, Alberta Canada
September 14-16, 2023 Reno, Nevada

Regional Lions Leadership Institute

October 21-24, 2021 Detroit Lakes, MN

Lions International Convention

June 24-28, 2022 Montreal, Quebec CA* July 7-11

MD5M Multiple Convention

April 28-May1 2022 Mankato MN

5M9 Service Journal



This publication is of, by, and for the
Lions, Lioness, & Leos of District 5M-9

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